

Table 1. Demographic and clinical characteristics of the study population	
Age (years)	65.2 ± 10.5
Gender (male/female)	102/108
Education (years)	12.5 ± 2.1
Marital status (married/divorced/widowed)	150/30/20
Occupation (retired/employed)	150/30
Smoking status (current/former/never)	40/80/80
Alcohol consumption (yes/no)	20/160
Family history of CVD (yes/no)	60/140
Comorbidities (hypertension/diabetes/cholesterol)	120/40/100
Medication (beta-blockers/ACE inhibitors/statins)	80/60/40
Time to event (months)	36.5 ± 12.3
Loss to follow-up (%)	5.2
Death (%)	12.5
Stroke (%)	8.1
Myocardial infarction (%)	4.4
Angina pectoris (%)	3.2
Heart failure (%)	2.1
Peripheral vascular disease (%)	1.5
Valvular disease (%)	0.8
Arrhythmias (%)	0.5
Other (%)	0.2

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